



## SOLUTION DATASHEET

# Chronic Care Management

Twistle helps chronically ill patients achieve better quality of life with HIPAA-compliant messaging that drives patient engagement and keeps them on track with their care plan.



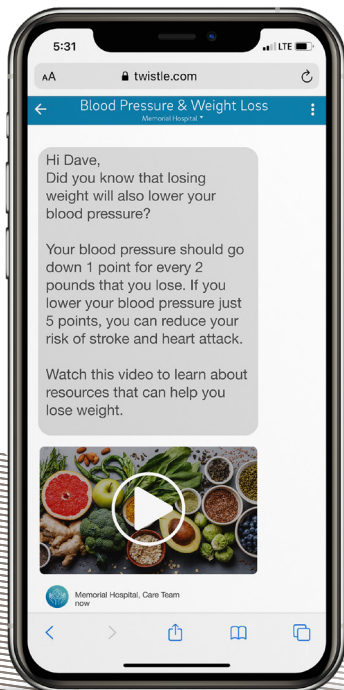
## PROVEN RESULTS

Patient centric communication uses clinical content and engagement best practices to monitor, educate and coach patients. Secure bi-directional messaging, remote physiologic monitoring (RPM), and alerts and dashboards simplify access to patient data and help care coordinators intervene early to prevent deterioration.

### Typical results include:

- 50%** Fewer readmissions
- 38%** Improvement in appointment adherence
- 29%** Reduction in phone calls
- 14%** Increase in medical device adherence
- 19%** Improvement in medication adherence
- 12%** Increase in patient satisfaction

Twistle collaborates with clients to identify target outcome improvements and return on investment through analysis of current performance data. [Contact us](#) to learn more.



## ENGAGE PATIENTS ON MOBILE DEVICES

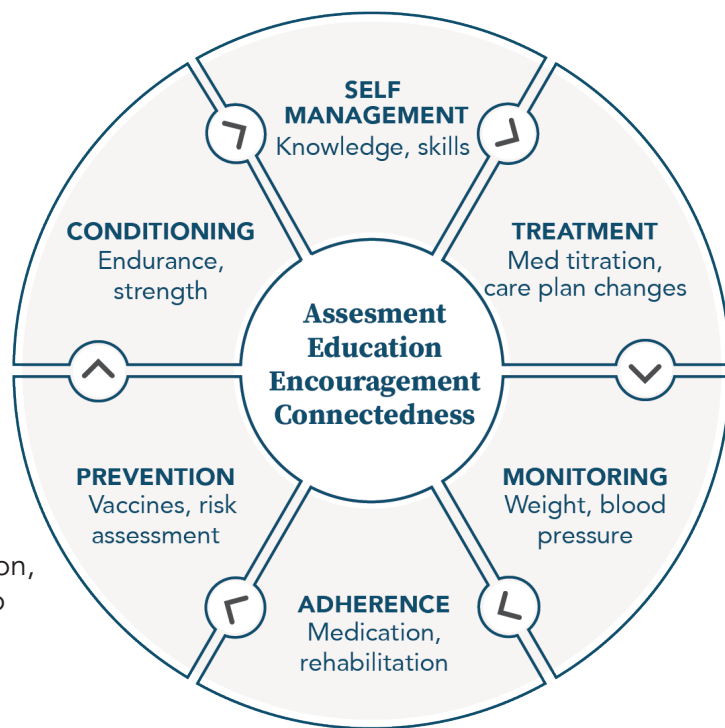
- Assessment forms
- Appointment reminders
- Care plan instructions
- Educational videos
- Encouragement
- Navigation / Directions
- Prevention and wellness coaching
- Remote patient monitoring
- Satisfaction surveys



## CLINICAL BEST PRACTICES

Our clinical content and communication protocols automate and optimize patient engagement, improve outcomes and generate RPM revenue for the following chronic conditions, with others in development:

- Cardiac rehabilitation
- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Coronary Artery Disease (CAD)
- Hypertension
- Medication titration and adherence
- Rheumatoid arthritis
- RPM for atrial fibrillation, hypotension, failure to thrive, diabetes, and dysphagia
- Sleep apnea
- Urinary incontinence



## RAPID IMPLEMENTATION

Jump-start your chronic care patient engagement program with Twistle. Our experienced team and extensive clinical content library will support your go-live within weeks and produce measurable outcome improvements. [Contact us](#) today.

## DEVICE INTEGRATION

Twistle's integration with a growing number of RPM devices automates data collection and creates a new revenue stream.

- Activity Trackers
- Blood Pressure Monitors
- Continuous Positive Airway Pressure (CPAP) machines
- Digital Scales
- Heart Rate Monitors
- Pulse Oximeters
- Ventricular Assist Devices (VADs)